



Needle News

Serving our Neighborhood Groups throughout Manatee and Sarasota Counties

May, June & July 2024

Volume 29, Number 2

2024 Chapter Advisory Board

President: Lorraine Potter, (941) 773-6198, lorraine@sgcasg.org

1st VP: Lou Burns, (941) 377-4157, lou@sgcasg.org

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Membership: Lou Burns, (941) 377-4157, lou@sgcasg.org

Social Media/Marketing/Publicity: Vacant

Retail Liaison-N, Storage Unit: Kathy Pell, (941) 351-4533

Sunshine Volunteer: Kimmie Bynum, (912) 617-0148, sunshine@sgcasg.org

WEBSITE/Tech Support: Sandi Dickenson, (941) 371-1465, sandi@sgcasg.org



ASG Mission:

"Advancing Sewing as an Art and Life Skill"

Sarasota/Gulf Coast Chapter of ASG



Altering Your View of Sewing: Upcycling

We often think of repurposing thrifted materials — whether it be fabric scraps, curtains, or clothing — into non-clothing items like handbags, dog beds, or home dec items. And while many of us think of thrift stores and donation centers as places to drop off that bread machine we wanted so desperately 15 years ago and no longer use, or those size 8 dresses that don't fit any longer, a thrift or second-hand store is the perfect place to look for great clothing options that don't need to start from scratch. When thinking about sustainable sewing, we need to change our mindset from toss to reuse, and from buy to recycle. Thrift shopping can also start in your own closet. Either way, get into your creative zone as you look at different pieces.

By embracing the art of thrifted fashion and sewing, you not only cultivate a more sustainable approach to style but also express your individuality through unique creations. Each stitch tells a story of transformation, turning forgotten garments into cherished wardrobe staples that reflect your personal taste and creativity. So, the next time you stroll through the aisles of a thrift store or the deep corners of your closet, envision the endless possibilities awaiting your skilled hands and creative vision.



From Your President

Happy Spring. The flowers are blooming, and the cool weather is behind us, though we might wish for it this summer. We had a wonderful April in Paris Spring Fling and can look forward to our neighborhood groups helping us cope with the heat this summer.

Some of our members go to as many Neighborhood Groups (NG) as they can and love it. I wish I could get to more NGs and intend to this Fall. I am always astounded at the creativity and ingenuity of these groups as a whole and as individuals. We are all so different, yet we all make this group worthwhile and fun.

I am privileged to be your leader and hope that we continue to flourish.

Happy Sewing.

Lorraine

Chapter President



Looking to Buy or Sell Sewing Items?

In case you are looking to sell or purchase sewing related items, items for sale can be listed on our website. Be sure to scroll to the bottom of the page. Contact Sandi@sgcasg.org if you want to list something for sale. Judy H's Bernina 710 is still available. See our homepage, [Sarasota Gulf Coast Chapter of ASG](#), for details."



Chapter Advisory Board (CAB)

Each ASG Chapter has a Chapter Advisory Board (CAB) which is composed of elected members and volunteers (i.e., editor, program manager, etc.). Your chapter's CAB is charged with planning and conducting business – all for the benefit of chapter members. CAB meetings are held periodically throughout the year on Zoom and are open to Chapter members.

Help Us Stay in Contact With You!

Your ASG membership card lists your renewal date. If your name, phone, home address and/or email changes, please go online at asg.org and update your information or notify ASG Headquarters.

Barb Cortez at (713) 729-3000, ext. 110
American Sewing Guild, Inc.
9660 Hillcroft, Suite 230
Houston, TX 77096

If you have a new email address, or phone number or mailing address, please update your information. This is how we contact you. Remember, only **YOU** can change your information.



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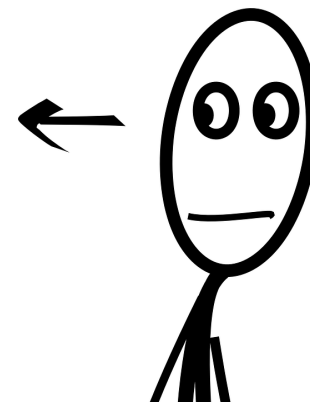
Call for Chapter Advisory Board Nominees

Chapter Leadership – We will elect a new CAB (Chapter Advisory Board) in November. Karen France, Barbara Van Buren and Paulette Braga have been appointed to the Nominating committee and are tasked with soliciting candidates for the offices; screening nominees for eligibility and skills required for the positions; and conducting the election. Consider joining the leadership team. Its a great way to meet new friends and learn

Nominations for the 2025 Chapter Advisory Board (CAB) are open. Any ASG member from our chapter may submit their name for any of the five positions (President, 1st Vice President, 2nd Vice President, Secretary, and Treasurer) to any Nominating Committee member. If you'd like to learn more about one of these positions, there are descriptions in the Standing Rules on the website.

Nominations close on June 15.

Other opportunities to volunteer with the chapter include helping on a committee or doing a program at a neighborhood group meeting. Members enjoy learning from each other and we all have ideas and skills we can share. Bring a friend to a meeting and encourage them to join and participate. The more members we have involved in activities the stronger our chapter becomes. Check out the Volunteer opportunities listed on the website.



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ASG Chapter Name Tags

Name tags may be ordered from Sarasota Trophy & Awards . Their store is located in the Gulf Gate Area of Sarasota. To order an American Sewing Guild Name Tag, contact:

Sarasota Trophy & Award, INC.

6601 Superior Ave.,

Sarasota () Phone: 941-921-4339

Price for each: \$13.38 tax included and may be picked up at the store. Mailed is an additional \$6.50.

Sarasota Trophy will call when order is ready.

You may order the name tags online by sending an email to:

order@Sarasotatrophy.com. In the subject line include American Sewing Guild . Include the following information in your order:

American Sewing Guild

Your name as you want it printed

Contact phone number.

Your Address if mailed.

Name on name tag as you want it to read

They will call you for credit card number.

Retreat



The retreat at the Day Springs Retreat in East Parish was a resounding success. Those attending enjoyed the Show & Tell and meeting other attendees.

Spring Fling



This year's Spring Fling was held at the Peridia Country Club. The venue was nice, the servers were very attentive and the food was quite good.

The baskets donated by Neighborhood Groups (NG) were wonderful.

Chapter Meetings

Events & Contact Info	Location	Date & Time	Programs
CAB Meetings	Zoom	2 nd Friday, each month, beginning at 9:30 AM unless otherwise noted	◆ Chapter business
Neighborhood Meetings			
Anything Sews Lou Burns, (941)-377-4157; lou@sccasg.org & Valerie Cattley (908) 910-4594, valerie@sccasg.org	The Modern Sewist, 2264 Gulf Gate Dr, Sarasota Note: Date Changes	4 th Tuesday, each month, beginning at 10:30 AM, unless otherwise noted	◆ May 28 th — Beginning Paper piecing with Lou Burns ◆ June 25 th — Small iron caddy with Crystal Allred & Robin LaClair ◆ July 23 rd — Charity Sew
Creative Sassy Sewers Kathleen Heinicke, (941)-725-7299, kathleen@sccasg.org & Paulette Braga, (941) 807-0915, paulette@sccasg.org	South Manatee Branch Library, 6081 26th St W, Bradenton	2 nd Saturday each month, beginning at 10AM	◆ May 11 th — Jackie—Twister tote bag ◆ June 8 th —TBD ◆ July —No Meeting
Pins & Needles Lorraine Potter, (941) 773-6198, lorraine@sccasg.org	Manatee Central Library, 1301 Barcarrota Blvd W, Bradenton	1st Saturday each month, beginning at 10:00 AM	◆ May 4 th — Another quilt as you go method with Dee Miller ◆ June 1 st — TBD ◆ July —No Meeting
Sew Chic Evelyn LeVassuer, (941) 624-6237, evelyn@sccasg.org	Shannon Staub Public Library, 4675 Career Lane, North Port	4th Monday each month beginning at 11:30 AM unless noted. Bring your lunch & stay awhile.	◆ May —No Meeting ◆ June 24th — Tree/cloth wall hanging .Bring sewing machine ◆ July 22nd — Beaded bracelet with Katherine Conner. Bring beads & hand sewing tools
Sew Social Carolyn Robinette (407) 484-1529, carolyn@sccasg.org & Jan Yeh, (978) 621-4723, jan.yeh@comcast.net	Venice Police Station, Community Room 1575 East Venice Ave., Venice	1st Tuesday of each Month, beginning at 1 PM	◆ May 7 th — Embellish a small canvas, cross body, zippered pouch ◆ June 4 th — Guest Speaker, Degen Sayer, Venice bag maker & textile artist ◆ July 2 nd — Transforming paper into fabric (Momigami American Style) with Jan Yeh
Zoom Group Julie Blood; (941) 661-1324, julie@sccasg.org & Jann Silverton,(773) 301-9820, jann@sccasg.org	Zoom	3rd Wed each month from 10-11:30 am	◆ May 15 th — Projector Pattern Cutting with Kari K, Ft Collins, CO ◆ June 19 th — Boro & Sashiko Jann Silverton ◆ July 17 th — Christmas in July, bring a holiday craft pattern to share
Special Interest Groups			
Sew Wearable — Self-motivated group that inspires each other by sharing finished projects; Terry Petti, terry@sccasg.org	Zoom	3rd Thursday each month at 1:30pm, unless otherwise noted.	◆ May 16 th ◆ June 20 th ◆ July 18 th
Machine Embroidery — Machine embroidery enthusiasts; Crystal Allred (941) 685-7108, crystal@sccasg.org & Jackie Pettit (941) 224-6014, jackie@sccasg.org	Zoom & Braden River Library, 4915 53rd Avenue E, Bradenton	1st Friday each month at 2:00 PM, unless otherwise noted	◆ May 3 rd — Embroidering on Cork ◆ June 7 th — Summer Show & Tell ◆ July —No Meeting
Chapter Events			
Chapter Meeting	Peridia Country Club, Bradenton	November 6 th	
Christmas Party	Peridia Country Club, Bradenton	December 6 th	
Sewing Retreat	Day Springs Retreat, East Parish	February 17th—21 st	Open Sew

REMINDER: If you need assistance to get on Zoom, Jackie Pettit or Sandi Dickenson can assist you in getting set up and running. Don't miss the opportunity to participate.

Group Happenings

Anything Sews

We began working on the London Bag during our January meeting. Many were finished during our February meeting.



In march, Susi Olson showed us the ins and outs of various t-shirt necklines. Afterward, many of us cut out and made-shirts.

We had our brown bag reveal at our April meeting, followed by tips and tricks for organizing our sewing room.



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(Continued from page 6)

Pins & Needles

In January, Marsha Semrinec taught us how to construct a Needle Book that can be used to store needles, small tools, fasteners and other essential sewing equipment.



The March Project was sewing the Half Barrel cloth bag. Members enjoyed this simple and quick project before our shop hop to Bits and Pieces.

Creative Sassy Sewers

In March, we made Jewelry Clutch Travel Bags taught by Barbara Van Buren. We also joined the Chapter bus trip to the Lakeland Sewing Expo and had a great time.

In April, Marsha Semrinec taught us how to make a Fabric Sewing Book. The rest of the months are to be determined due to some Library business that might need our room.



Pins and Needles members gathering at Bits and Pieces in the Village of the Arts in Bradenton.

We constructed a collapsible Strawberry Bag at our February meeting.



Marsha Semrinec demonstrating how to construct a Needle Book.

Sew Chic

At the April meeting, Evelyn LeVassuer gave a short trunk show which was followed by a discussion on repurposing fabric/clothing. It was a fun and important topic as we need to help keep this planet from being overwhelmed with garbage dumps!

Sew Social

Sew Social outgrew the space at the William H. Jervey Jr. Library after only 5 months! We moved a few miles east to the Venice Police Station in March. Lucy Maro did all the legwork to secure this clean, modern and secure space for us. Karen Bullen was our first presenter showing us a raw edge applique technique using a double sided fusible. Her favorite is Lite Steam a Seam 2. We tried it and really liked it.

We learned to make patchwork quilted pouches in February

(Continued on page 8)

(Continued from page 7)

and we were quite happy with our results.

Sew Social



Paula Rockstroh



Elynn Ingalls

SIG-ME – Machine Embroidery

Our February meeting included show & tell, followed by an 'all things embroidery' swap. It was quite evident that many hands and embroidery machines had been humming along nicely.

At our February meeting, Crystal Allred gave a presentation on embroidering on clothes, from inspiration, through tips on embroidering on ready-made and home-made clothing and links to informative videos. Show & tell included many machine embroidered clothing.

We were treated to an updated presentation on embroidery stabilizers by Helaine Eckstein in April.

SIG – Sew Wearable

We enjoyed our show & tell segment of our February meeting. Martha finished yoga pants. Tari shared the wood lathe that she made to hold a seam ripper and a pointer that is absolutely a craftsman's delight. This was taught at the Las Vegas retreat. Lucy and Cindy shared adorable children's outfits. Terry showed a bag trimmed with cork.

We watched a video, thanks again to Glenna's technical intervention, but it was Katrina Walker's technique of serging a neckline on a coverstitch machine. Marsha shared with the group the wonderful embroidery special interest group run by Crystal and Jackie.



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Hints from Some of Our Meetings from Pam

Reprint from the Winter 2023 edition of Sewing Around the Peak, Pikes Peak Colorado Chapter of ASG

- When hand sewing always knot end closest to the spool
- When sewing on buttons you need 12-18 threads then a dab of glue or Fray lock on the back side and that button will stay put
- Pre shrink knit then never put in the dryer again
- Use a crunch bead to add feathers to garments

Highly Recommended Patterns from the Garment Group

- Ambitious Elle patterns - jump suit/Culottes sewing - Jupe Culottes Jumpsuit PDF Sewing Pattern for Women Sleeveless Digital – Ambitious Elle
- Bisque trousers - Bisque Trousers Sewing Pattern — Vivian Shao Chen
- Clyde work pant digital sewing pattern - Clyde Work Pant Digital Sewing Pattern – Elizabeth Suzann Studio
- Deer & doe plantain T- shirt - Plantain T-shirt (deer-and-doe.fr)
- Jalie 2918 men's T- shirt - Sewing Pattern Jalie 2918 - Men's T-Shirts
- New look 6439 – knit tunic with leggings New Look 6439 Misses' Knit Tunics with Leggings (patternreview.com)
- New look 6574 – woven top –N6574 | New Look Sewing Pattern Misses' Dresses | New Look (simplicity.com)
- New look 6575 – woven top – N6575 | New Look Sewing Pattern Misses' Tunics | New Look (simplicity.com)
- Olya shirt and shirt dress – Olya Shirt Pattern – Paper Theory Patterns
- Patterns for pirates - Gala Gown - Gala Gown – Patterns for Pirates
- Style Arc Holly woven Blouse - Holly Woven Blouse Sewing Pattern – Cardigan & Top Sewing Patterns – Style Arc



Why Sewing Is Good For Us

1. Sewing requires concentration and hand-eye coordination, which helps with cognitive development and the development of motor skills.
2. Sewing encourages creative thinking and enhances knowledge, which can help with problem-solving in other areas of your life.
3. Sewing increases nimbleness in the fingers and softens the joints in the fingers over time.
4. Sewing is relaxing and can lead to a steadier heart rate, lower blood pressure, and less perspiration over time.
5. The calming effects of sewing can reduce stress if your mind is focused on it.
6. Sewing keeps the mind healthy and active so that your mind can stay sharper for longer.
7. The creative thinking required during sewing encourages the growth of new brain cells.

Membership News

By Lou Burns, Jackie Pettit & Jann Silverton

Thanks to the Following Members for Renewing

Annette Alberter
Sharon Bain
Glenda Blomquist
Julie Blood
Sherry Boesel
Paulette Braga

Emily Carrier
Deborah Chegwiddden
Rashelle Cirigliano
Brenda Clark
Kathleen Connor
Nancy Domenico

Penny Duval
Marie Gartley
Ellyn Ingalls
Robinette LaClair
Carolyn Legg
Betty Matthews

Mickie McElroy
Dee Miller
Lynn Overton
Linda Roberts
Shirley Spisak


Welcome

New Members

Theresa Crawford
Martina Devries
(transfer)

Maureen Desnoyeas
MacKenzie Sullivan

Meet our New Members — Maureen Desnoyers & Theresa Crawford

Maureen Desnoyers although a beginner sewer, Maureen learned some  sewing things from her mom who used to sew her clothes when she was young. She has an Anna sewing machine which her mom bought her one year for Christmas. She is looking forward to sewing with the group at the South Manatee Library in Bradenton, Florida.

Theresa Crawford was born and raised in East Tennessee. She moved to Florida 11 years ago and lives in Port Charlotte, almost on the line between it and North Port.

Her current sewing interests are creating garments. She is also interested in vintage fashion, fashion history, and old sewing machines, and their repair and servicing. She recently pivoted from primarily making 1940s style dresses and skirts, to more pants, blouses and ankle

length skirts. She adores secondhand sewing patterns like teen girls adore movie star posters, so I've accumulated probably more than I'll ever have time to make. They range from the 40s to the 2010s.



So often we hear, “but I thought you knew about...” The truth is, we don’t always find out what’s going on in everyone’s lives, so we depend on you to let us know. It’s what keeps us connected — special anniversaries, births, illnesses, tragedies and recoveries.

Do you know someone with a special occasion, major celebration, concern, health issue or loss of a loved one? **Please let** Kimmie Bynum know by calling her at (912) 617-0148 or email her at sunshine@sgcasg.org, so she can send a bit of sunshine their way.

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Community Service

By Jackie Pettit

A thank you from Sarasota Memorial Hospital's NICU staff:

Thank you for your continued support. We will accept baby quilts. No real requirements. We use them to cover our isolettes to make a home like environment in our clinical setting. We also give them to parents to use for "tummy time" when their babies go home. Also, scent cloths are always welcomed. You would be surprised how quickly we go through them. And lastly the fitted sheets are AMAZING!! We could really use some more any time any of your members would be so gracious to make some more. The staff absolutely love them!!

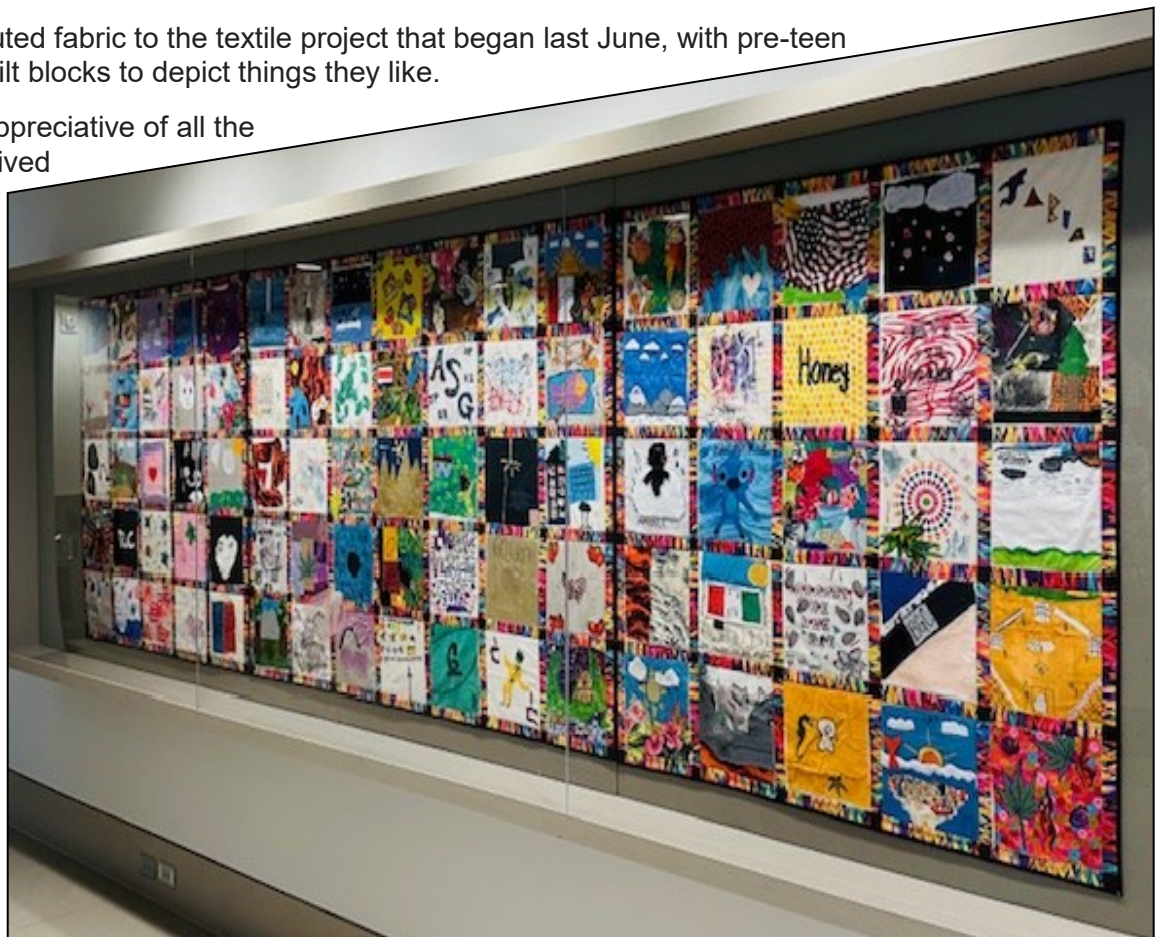
I can't thank you and your members enough for your generosity of time, energy, and materials. It is so appreciated.

Boys and Girls Club (BGC) Project Update

Many of you contributed fabric to the textile project that began last June, with pre-teen members making quilt blocks to depict things they like.

The BGC staff are appreciative of all the support they've received from our Chapter for this project. The blocks have been sewn together into 3 panels, to be on display starting April 3 at the Chao Center for Asian Arts building, ground floor community gallery, Ringling Museum (at the West end of University Pkwy and US 41).

A big thank you to Diana Pickens for helping design the layout of the blocks and guiding fabric selections.



ASG Discounts

Show your ASG card **before purchase** and **receive a 10% discount**. Our Retailers appreciate it when you thank them for supporting ASG.

Donna's Beads: 941-444-7457, 2717 Beneva Road (excludes Books, DVDs, CDs, Magazines, Classes) OPEN Mon-Fri 10 to 5; Sat 11 to 5.

Pennie Fabrics: 941-484-0600, 8854 S. Tamiami Trail (Fabrics) **ALSO OFFERS 15% on the first Tues of every month;** OPEN Tues-Fri 10 to 6; Sat 10 to 4.

Annual Advertising Rates*

Size	Rate
Full Page	\$100
Half Page	\$60
Quarter Page	\$30
Business Card	\$20

(4 Issues)

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ART INDEED!

Spotted in the April 2024 edition of Spoolin' Around, the Birmingham, Alabama chapter of ASG. One of their members had two of their wing-back chairs reupholstered with Quilts that she had made.



ASG MEMBERSHIP APPLICATION

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TO ADDRESSEE OR CURRENT RESIDENT

ASG Mission: Advancing Sewing As An Art And Life Skill



WANTED

Wanted: Articles and photos from Members in the *Needle News*. How about book recommendations, new product reviews, Craftsy class reviews, sewing tips and patterns you like. Neighborhood group leaders and members, please send in photos and descriptions of your group activities. Let's get the word out! We all enjoy seeing members of other neighborhood groups at our meetings. Plan to visit other groups to see what they are sewing. Please submit your articles and photos to news@sgcag.org. Deadlines are Jan 1st, April 1st, July 1st and Oct 1st. Remember to include names of faces in your photos and what they are about.

The American Sewing Guild (ASG) is a nonprofit organization of home sewers. Its purpose is to provide information, education and programs for its Members and the Community. Membership is open to the Public. Membership is \$60 and \$35 for Youth Members (through age 17 and extending up to 22 for registered college students).

www.asg.org

Sensitivity Statement

The American Sewing Guild (ASG) is committed to equal access and opportunity for all. No person shall on the basis of age, race, color, religious creed, national origin or ancestry, sex, sexual orientation, disability or handicap be subject to discrimination whether in employment or any program or activity within ASG.

To foster the spirit of community within ASG and between ASG and the community at large, we will demonstrate respect and sensitivity toward one another through word and deed. In any way representing ASG or participating in an ASG activity, we will not promote or endorse divisiveness regarding any of the above or any other area that may fall into the category of sensitive subject matter.

What does this statement mean? *It means that as a nonsectarian, nonprofit organization, we, even more so, are behooved to be kind and considerate of others. We have members of our organization as well as our communities who have different cultural backgrounds, different religious beliefs, and different abilities. It is so easy to offend without intention; we will lessen the opportunity for that by insuring that nothing we do under the auspices of ASG can be in any way interpreted as exhibiting or endorsing any personal beliefs or prejudices.*